

Want to look good on the Outside?

We humans are three-dimensional beings comprised of body, spirit and soul. When we die, the body decays returns to the earth (Genesis 3:19). The spirit, i.e., the breath of God in each one of us, returns to the Father. And the soul either goes to heaven or hell. depending on our deeds.

Today, most people only focus on the body. People go to the gym, fitness spas, beauty parlours, etc so that they may look good externally. The essence of a man, however, is his soul. The world considers your looks, but God only considers your heart. And if your heart is in the right place, if you take care of your soul, the body will take care of itself.

That's why Scripture says, "The body is for the Lord, and the Lord for the body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honour God with your body." (1 Corinthians 6:13,19,20)

One of the last instructions Jesus gave the apostles before He was led away to be crucified was "watch" and "pray." Jesus said

Take care of the Inside: WATCH and PRAY

this because He knew we humans are prone to temptation and can easily give in. We are easily taken in by the glitz and glamour of this world. After all, we are the children of Eve. Satan successfully got Eve to sin against God because there was no will to break the temptation. Eve liked what she saw and wanted to try. We are like that too. When we see something attractive, we want it, regardless of whether or not it is good for us.

Deep in our hearts and minds, we know the right thing to do, but we are not able to subdue the desires of the body. That's why Jesus exhorts us to watch and pray. The meaning of "watch" is primarily physical, but it also has a deeper, spiritual meaning: "Watch and pray, lest you enter into temptation. The spirit indeed is willing [i.e., intentions are good], but the flesh [mere human willpower] is weak." (Matthew 26:41)

Spiritual watching coupled with prayer will give you the strength to survive temptations and overcome difficult situations. And if you are clean on the inside, you will be radiant on the outside too.

- Bro. Manuel Mergulhao

Read this book, which comprises three parts - The Blood of Jesus, Power in the Blood, and Eternal Life in the Blood. It will renew your mind and Sook Your Copy Today! encourage you to live life to the fullest by helping you to unlock the life-redeeming power in the Blood of Jesus.

IN YOUR DREAMS

We are accountable for our words and deeds. We know that. In fact, that is precisely why the Bible advises us to be prudent, guard our hearts and minds, and avoid sin at all cost.

But what about the sins we commit when we are sleeping? I am talking about the things we wouldn't dare do when we are wide awake, but see ourselves doing (and dare I say enjoying) in our dreams. Are we accountable for those too?

A small group of people were discussing this recently. And some of them were obviously very worried about it. One woman, however, had a different take. She said (and I quote): "We certainly have enough waking sins to confess; I don't think God will hold us responsible for the ones we commit when we are asleep!" She then confessed, in good humor, that she actually enjoyed those sins as sort of "free passes".

The people laughed and moved on. But they few that remained pondered about what she said. So, well, this is our take.

God surely won't hold us responsible for the sins we commit when we are asleep...but that does not mean they are entirely without consequences.

Let's make this simpler.

Satan knows all our weaknesses and tries to use them against us. He wants us to fall. But God is watching out for us, and wants us to be better prepared. So, He allows certain dreams to show us exactly where we stand. Ever heard the axiom: "Whatever you can dream, you can do"?

If, in your dreams, you see yourself doing something you should not, you should get down on your knees

and pray for the grace and strength to resist.... because temptation is on its way and you have been warned already.

Watch and Pray.

- Editorial Desk

Retreat Land

In a far-away place called Vasai A rugged land caught Bro. Manuel's eye Don't ask me "How" & "Why" But with all that we had in hand The ministry bought that rugged land.

We said it is very far Many chose to travel in their own car The land had ups and downs Rocks, boulders, thistles and thorns But Bro. Manuel's vision it was That's why some of us were "reborn".

But we have to walk and work
And subdue that soil
So that the Lord's plan for you
will not spoil. (Genesis 1:28)
The work on the land was quickly started
And people worked the land
With their skill (whole-hearted)

On the 8th of May 2013
The land looked green
With trees, vegetables, flowers
As in the photos seen that were projected
On the auditorium screen
And we can compare it
To what it has been.

Benedict Vivian Fernandez

"BREAD OF LIFE" & "BREAKING OF BREAD"



Who is the one who will never hunger again?

Not the one who merely hears Him preached or partakes of the breaking of the bread, but the one who believes in Him, feeds on Him and lives upon Him. In such, there is no more spiritual hungering and thirsting after other gods. They are satisfied and content with Him. They will not be in a starving and famishing condition. He is all in all to them and hence, in order to enjoy communion with God, they will not desire after that which is sinful.

Christ shows that He is the true Bread. He is to the soul what bread is to the body and nourishes and supports the spiritual life. He is the Bread of God, Bread which the Father gives, which becomes the food of our souls. Bread nourishes only by the

powers of a living body; but Christ is Himself living Bread, and nourishes by His own power.

We understand Christ crucified better and this strengthens and comforts a believer. He is the Bread, which came down from heaven. It signifies the Divinity of Christ's person and thus shows us the Divine origin of all the good that flows to us through Him.

May we, with understanding and earnestness, say each day:

Lord, give us this day our daily bread.

- Sis. Lynette Mergulhao

DAILY SCRIPTURE READING - JULY 2013

Date	Old Testament	Psalm	Proverbs	New Testament		
July 1, 2013	1 Chronicles 26 & 27	Psalm 78:56-66	Proverbs 20:4-5	Acts 10:1-23		
July 2, 2013	1 Chronicles 28 & 29	Psalm 78:67-72	Proverbs 20:6-7	Acts 10:24-48		
July 3, 2013	2 Chronicles 1 & 2	Psalm 79:1-4	Proverbs 20:8-9	Acts 11:1-30		
July 4, 2013	2 Chronicles 3 & 4	Psalm 79:5-10	Proverbs 20:10-12	Acts 12:1-25		
July 5, 2013	2 Chronicles 5 & 6	Psalm 79:11-13	Proverbs 20:13-14	Acts 13:1-25		
July 6, 2013	2 Chronicles 7 & 8	Psalm 80:1-6	Proverbs 20:15	Acts 13:26-52		
July 7, 2013	2 Chronicles 9 & 10	Psalm 80:7-13	Proverbs 20:16-18	Acts 14:1-28		
July 8, 2013	2 Chronicles 11 & 12	Psalm 80:14-19	Proverbs 20:19-21	Acts 15:1-21		
July 9, 2013	2 Chronicles 13 & 14	Psalm 81:1-5	Proverbs 20:22-23	Acts 15:22-41		
July 10, 2013	2 Chronicles 15 & 16	Psalm 81:6-10	Proverbs 20:24-25	Acts 16:1-21		
July 11, 2013	2 Chronicles 17 & 18	Psalm 81:11-16	Proverbs 20:26-28	Acts 16:22-40		
July 12, 2013	2 Chronicles 19 & 20	Psalm 82:1-8	Proverbs 20:29-30	Acts 17:1-15		
July 13, 2013	2 Chronicles 21 & 22	Psalm 83:1-8	Proverbs 21:1	Acts 17:16-34		
July 14, 2013	2 Chronicles 23 & 24	Psalm 83:9-18	Proverbs 21:2-3	Acts 18:1-28		
July 15, 2013	2 Chronicles 25, 26 & 27	Psalm 84:1-7	Proverbs 21:4-5	Acts 19:1-20		
July 16, 2013	2 Chronicles 28 & 29	Psalm 84:8-12	Proverbs 21:6-8	Acts 19:21-41		
July 17, 2013	2 Chronicles 30 & 31	Psalm 85:1-7	Proverbs 21:9-11	Acts 20:1-16		
July 18, 2013	2 Chronicles 32 & 33	Psalm 85:8-13	Proverbs 21:12	Acts 20:17-38		
July 19, 2013	2 Chronicles 34, 35 & 36	Psalm 86:1-5	Proverbs 21:13-14	Acts 21:1-17		
July 20, 2013	Ezra 1 & 2	Psalm 86:6-10	Proverbs 21:15-16	Acts 21:18-40		
July 21, 2013	Ezra 3 & 4	Psalm 86:11-17	Proverbs 21:17-18	Acts 22:1-30		
July 22, 2013	Ezra 5 & 6	Psalm 87:1-7	Proverbs 21:19-20	Acts 23:1-15		
July 23, 2013	Ezra 7 & 8	Psalm 88:1-5	Proverbs 21:21-22	Acts 23:16-35		
July 24, 2013	Ezra 9 & 10	Psalm 88:6-10	Proverbs 21:23-24	Acts 24:1-27		
July 25, 2013	Nehemiah 1 & 2	Psalm 88:11-18	Proverbs 21:25-26	Acts 25:1-27		
July 26, 2013	Nehemiah 3, 4 & 5	Psalm 89:1-4	Proverbs 21:27	Acts 26:1-32		
July 27, 2013	Nehemiah 6 & 7	Psalm 89:5-10	Proverbs 21:28	Acts 27:1-26		
July 28, 2013	Nehemiah 8 & 9	Psalm 89:11-18	Proverbs 21:29-31	Acts 27:27-44		
July 29, 2013	Nehemiah 10 & 11	Psalm 89:19-29	Proverbs 22:1-2	Acts 28:1-31		
July 30, 2013	Nehemiah 12 & 13	Psalm 89:30-37	Proverbs 22:3-4	Romans 1:1-32		
July 31, 2013	Esther 1 & 2	Psalm 89:38-45	Proverbs 22:5-6	Romans 2:1-29		

Boast In The Lord Alone

The Vasai Outreach, conducted from May 17 to May 21, was a "Fire-full" event. Despite the intense summer heat, the sun could not outshine the Son. For four days, the Spirit of the Lord healed, delivered and ministered to everyone gathered under the banner of God's name.

We sang. We danced. We walked. We ran. We rested. We ate. We were rejuvenated. And, yes, we did "Catch The Fire".

Bro. Manuel spoke of God's perfect love.

Here's a brief transcript:

God will always give you the best. Jesus is God's best gift to mankind. God knows what you need, and He will provide everything at the right time. However, many times we fail to receive what God has in store for us because we have shut the door of our hearts and minds to the things of God.

Life is stressful. We toil hard to earn our bread. Jesus came for one primary purpose: to break the yoke of slavery to sin. He said, "I am the bread of life."

When you accept Jesus as the Lord and Master of your life, the peace of God will come rushing in. Your spirit will be strengthened and your body will be healed.

Before His ascension into heaven, Jesus gave His followers the Great Commission, saying, "Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people and they will get well." Mark 16:15-18

Essentially, Jesus set the church against sickness. However, doubt and unbelief are hindrances to healing. You have to stop looking at what is happening around you and fix your eyes on Jesus. You have to make a decision that you can and will be healed, regardless of what anyone else tells you.

Boast in the Lord alone. Remember, God loved you first and sent His Son to die... so that you may LIVE.



Corner

Bible Character Of The New Testament

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Summer Is Over and School Has Begun! And whatever your schedule, it's time to gear up for the next year again and help your kids prepare for a new academic year. Here are a few tips to help you do that.

Re-Establish Routines

Now that school has begun, it is best to get into the school-day rhythm. Ideally, you should start eating breakfast, lunch, and snacks around the times your child will eat when school is in session. It's also important to get your child used to leaving the house in the morning, so plan morning activities outside the house in the week or two before school.

Nurture Independence

Once the classroom door shuts, your child will need to manage a lot of things on his own. Get him ready for independence by talking ahead of time about responsibilities he's old enough to shoulder. This might include organizing his school materials, writing down assignments, and bringing home homework.

BACKSCHOOL

Create a Launch Pad

Parents and teachers should do whatever they can to make a child more responsible. At home, you can designate a spot where school things such as backpacks and lunch boxes always go to avoid last-minute scrambles in the morning.

Make it a Family Affair

Together, you and your child can plan for success in school. Sit down with your child to create a routine chart. Ask your child what she wants to do first when she first gets home from school: play outside or do homework? Her answers go on the chart. The more kids have ownership in creating a routine for themselves and setting expectations, the more likely they are to follow it.

Last, but not the least, pray about all your decisions. Ask God to lead you to make choices that are the best for yourself and your kids. Remember, true education is what remains long after one has forgotten what one learned in school. May God bless you.

- Editorial Desk

TESTIMONIES

TESTIMONIES



I have a lot to be thankful for. I want to testify about all the changes in my life because of my Lord Jesus Christ. I used to be quite nervous and scared about travelling by myself. As a result, oftentimes, I would get very sick just before the journey. I realised this was primarily due to fear within me—fear far greater than faith. This fear was everywhere I went. I felt it wouldn't let me live my life. So, I prayed and asked Jesus to take over and free me of this fear. I put my trust and faith in

Him, and the anxiety I had of not being able to travel alone finally left me. Since that day, I've been calmer and not so anxious. I was also suffering from back, shoulder and neck pain for more than 8 months. But I put my faith in Jesus and I surrendered everything to Him. After the prayer session, I realised the pain had left me. When faith is in, fear is out! I love Jesus, His mercy and Grace! Thank you Jesus. Hallelujah!

- Siddhika Lahori



I had a severe hair fall problem for about a year or so, and it became worse during the past 2-3 months. I tried all possible medicines and changed my shampoos and conditioners. Every time Bro. Manuel used to pray for people suffering from hair fall, I used to apply the Blood of Jesus on my scalp, but with very little faith. However, I recently found out from the lady who takes care of my hair that there is a lot of new growth. In fact, there are so many new hair strands that even she could

not believe it. Separately, my 51-year-old brother lost his job recently because the company closed down. It is obviously difficult to get a job at that age, but I told him not to lose hope. I prayed for him and in just a few weeks, he got a new job. I also want to testify about the healing my husband has received for breathlessness. God has blessed our relationship and we are very happy. I thank God for everything.

- Binita Roy



I work for a call centre. I was initially in the back office, but now I am in the voice process. It was difficult for me to speak initially because my communication skills were not good. During the process training, I was rated very poorly, but after coming to Bro. Manuel Ministries and praying, I have moved from the last rank to the first. I was a fraudster, a robber, drunkard... I had many vices, but after coming here, I've changed for good.. I used to be an animal, but God sent a man called Bro.

Manuel and he has tamed this animal and made me a human being. Sometimes, I look at the mirror and say this is not me. I was living in hell, but I was pulled up to heaven. I constantly feared that I would lose my job. But by partaking of the Blood of Jesus, all my fears have disappeared. Yes, I still have problems, but I know now that God takes care of everything.

- Bruce D'souza



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Thane Outreach

July 20, 2013

Wednesday Indian Education Society (I.E.S.) Manik Sabha Griha Opp. Lilavati Hospital Bandra (W), Mumbai-50, India. Time - 5 pm

Mumbai Retreat

Aug 2-3, 2013

Head Office: S-4, Blue Nile Apts Plot No. 39, Waroda Road Bandra (W), Mumbai - 400 050, India. Tel: +91 6500 9701

Goa Outreach Aug 9-11, 2013

INDIA P.O. Box No - 16655 Mumbai - 400 050, India.



Sunday Sabbath

4 p.m. to 8 p.m.

Live in the Spirit
BRO. MANUEL MINISTRIES